

**RAJRISHI BHARTRIHARI  
MATSYA UNIVERSITY ALWAR-  
Rajasthan**

**Syllabus  
(Graduation)**

**Discipline: Psychology**

**Faculty: Social Science**

**2023-24**

Psychology in B.A. Program: Semester wise course types, Course codes, Course title, Delivery type, Workload, Credits, Marks of Examination, and Remarks if any.

Level	Sem	Course Type	Course Code	Course Title	Delivery Type			Total Hours	Total Credit	Internal Assessment	EoS Exam	M.M.	Remarks
					L	T	P						
5	I	DCC	PSY001	Basic Psychological Processes	4	2	-	60	6	20	80	100	
			PSY001P	Practical I: Basic Processes in Psychology	-	-	P	60	2	8	20	80	100
	II	DCC	PSY002T	Social Psychology	4	2	-	60	6	8	20	80	100







			PSY002P	Practical II: Social Psychology	-	-	P	2		20	80	100		
II	SEC	AEA0021T		Professional Communication	2	-		30	2	2	10	40	50	May be opted from other core courses.

An information regarding codes:

DCC extends for Discipline Centric Core

DSE extends for Discipline Specific Elective

AEC extends for Ability Enhancement Course

AECC extends for Ability Enhancement Compulsory Course

SEC extends for Skill Enhancement Course

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Level	Sem	Course Type	Course Code	Course Title	Delivery Type			Total Hours	Total Credit	Total Credit	Internal Assessment	EoS Exam	M.M.	Remarks
					L	T	P							
5	III	DCC	PSY001T	Psychopathology	4	2	-	60	6		20	80	100	
			PSY001P	Practical I: Psychopathology	-	-	P	60	2	8	20	80	100	
	IV	DCC	PSY002T	Social Psychology	4	2	-	60	6		20	80	100	
			PSY002P	Practical II: Psychological Methods and Statistics	-	-	P		2	8	20	80	100	
	IV	AECC	AEA0021T	Guidance and Counselling	2	-		30		2	10	40	50	May be opted from other core courses.

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Level	Sem	Course Type	Course Code	Course Title	Delivery Type			Total Hours	Total Credit	Total Credit	Internal Assessment	EoS Exam	M.M.	Remarks
					L	T	P							
5	V	DCC	PSY001T	Positive Psychology	4	2	-	60	6		20	80	100	
			PSY001P	Practical I: Positive Psychology	-	-	P	60	2	8	20	80	100	
	VI	DCC	PSY002T	Social Psychology	4	2	-	60	6		20	80	100	
			PSY002P	Practical II: Psychological Measurement and Assessment	-	-	P		2	8	20	80	100	
VI	AECAEA	A0021T	Health and Well-Being	2			30		10	10	40	50	May be opted from other core courses.	

## SEMESTER I

### Foundations of Psychology (CORE COURSES)

#### Course Objectives:

- To provide learning opportunities to orient the students towards scientific study of the complexities of behaviour.
- Imparting knowledge of basic psychological concepts and methods.
- Help shaping cognitive, affective and behavioural abilities of the students.
- Promoting self-understanding, reflexivity and personal growth.

#### Unit 1

##### Introduction

Meaning Nature, Goals and Scope of Psychology; Methods of Psychology, origin and development, fields, application and importance, Origin and development of psychology in India Emergence and present status

#### Unit 2

##### Biological Basis of Behavior and Perception:

Neurons: Structure and Types. Peripheral, Central and Autonomic nervous system. Endocrine system.

Sensation: Meaning, Transduction, Sensory Threshold, Habituation & Sensory Adaptation  
Perception: Nature, attending and perceiving perceptual organization- Gestalt, Figure and Ground, Law of Organization. Perceptual illusions, Perceptual constancies, depth perception, distance and movement

#### Unit 3

Learning, Remembering and Thinking: Learning: Nature of learning, Factors and methods of learning, procedure of learning. Learning curves. Theories: Trial and Error, conditioning- Classical conditioning- Procedure, phenomena and related issues, operant/ Instrumental conditioning- Procedure, phenomena and related issues; Learning by Insight.

Memory and Forgetting; Nature of remembering, retention, forgetting and factors of forgetting.

Thinking: Nature of thinking, concept formation, reasoning, decision making and problem solving.



## Unit 4

Motivation and Emotion:

Motivation: Meaning and nature of motivation; need, drive, Incentive, primary and secondary motives. Approaches of Motivation: Drive-reduction, McClelland's theory, Maslow's theory;

Emotions: Meaning, Nature of emotion, Theories of emotion: James-Lange, Canon Bard, Schachter-singer two factor theory of emotions and facial feedback hypothesis.

## Unit 5

Intelligence and Personality: Individual Differences: Intelligence; Meaning and nature, Measurement of Intelligence: Methods and Types of tests, factors affecting Intelligence, theories of intelligence-Spearman's two factor theory, Gardner multiple intelligence theory, Sternberg's triarchic theory and Cattell-Horn theory.

Personality: Meaning, Nature and factors affecting personality. Classification of personality, Trait and Type Approach. Assessment of Personality.

### Books Recommended:

Baron, R.A & Misra, G (2014). Psychology, New Delhi: Pearson Education.

Ciccarelli, S.K., Meyer, G.E. & Misra, G. (2013). Psychology: South Asian Edition. New Delhi: Pearson Education.

Singh. A. and Singh.U.(1984). Samanya Manovigyan. Bhiwani: Vedic Prakashan.

Morgan, King and Robinson (1999): Introduction to Psychology, New Delhi, Tata McGraw Hill

Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.

Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill.

## PRACTICAL I: BASIC PROCESSES IN PSYCHOLOGY

### Learning objectives

- To orient the students regarding experimental approach of General Psychology.
- To provide opportunity to the students to work in the laboratory on different standardized psychological tests and tools.

### Outcomes-



- Ability to administer, analyze and interpret results from various psychological tools.
- Expanded knowledge of various assessment procedures
- Learning regarding conduction of experiments.

## **Syllabus**

### **Theory**

Need and importance of experiments and tests,

Basics of report writing,

Basic concepts of experiments- experimental research method, problem, hypothesis, variables, controls and Null hypothesis

Important concepts of tests- reliability, validity and norms.

### **Practical**

Students have to complete any 5 of six practical' of the following. Practical may be in the laboratory or community of field.

1. Maze Learning
- 2- Personality
- 3- Intelligence SPM or WAIS
- 4- Memory Span serial position curve
- 5- Experiment on Figure Ground Reversal
6. Retroactive Interference – To demonstrate the impact of retroactive interference on learning.

